

D & R CANAL WATCH

Nineteenth Annual 5K FUN RUN

Sixth Annual 1-Mile Walk

To benefit the D & R

Canal State Park

Date: Saturday, April 3, 2010

Place: Washington Crossing State Park, Titusville, NJ

Times: 5K Fun Run: 10:00 a.m. 1-Mile Walk: 9:30 a.m.

Run tags and same-day registration: 8:45-9:45 a.m. Please arrive on time.

NOTE PARKING RULES BELOW!

Course: Titusville, NJ. Start and finish at Washington Crossing State Park between River Drive and Route 29, north of bridge to PA. Loop through scenic Titusville village on River Drive and back along the historic Delaware & Raritan Canal towpath.
Event sanctioned by NJ-USA Track & Field.

Timing: Baldassari and Leetsma Timing Systems

Awards: **5K Race:** Prizes to top male and female overall finishers and to first, second, and third male and female finishers in six age groups: 19 and under, 20-29, 30-39, 40-49, 50-59, 60+

Special prize drawings. Winners must be present to receive their prizes.

Race results will be posted on www.canalwatch.org

1-mile walk: Commemorative ribbon to all finishers

Amenities: T-shirts to all pre-registrants present and to same-day registrants while supply lasts

Orange juice, water, and bagels at finish line

Entry fees: Pre-registration (by 3/29/10): 5K Race: \$17 1 Mile Walk: \$10
Registration on race day: 5K Race: \$20 1 Mile Walk: \$15

Make checks payable to D & R Canal Watch

Mail check with entry form to: Fun Run, P.O. Box 2, Rocky Hill, NJ 08553

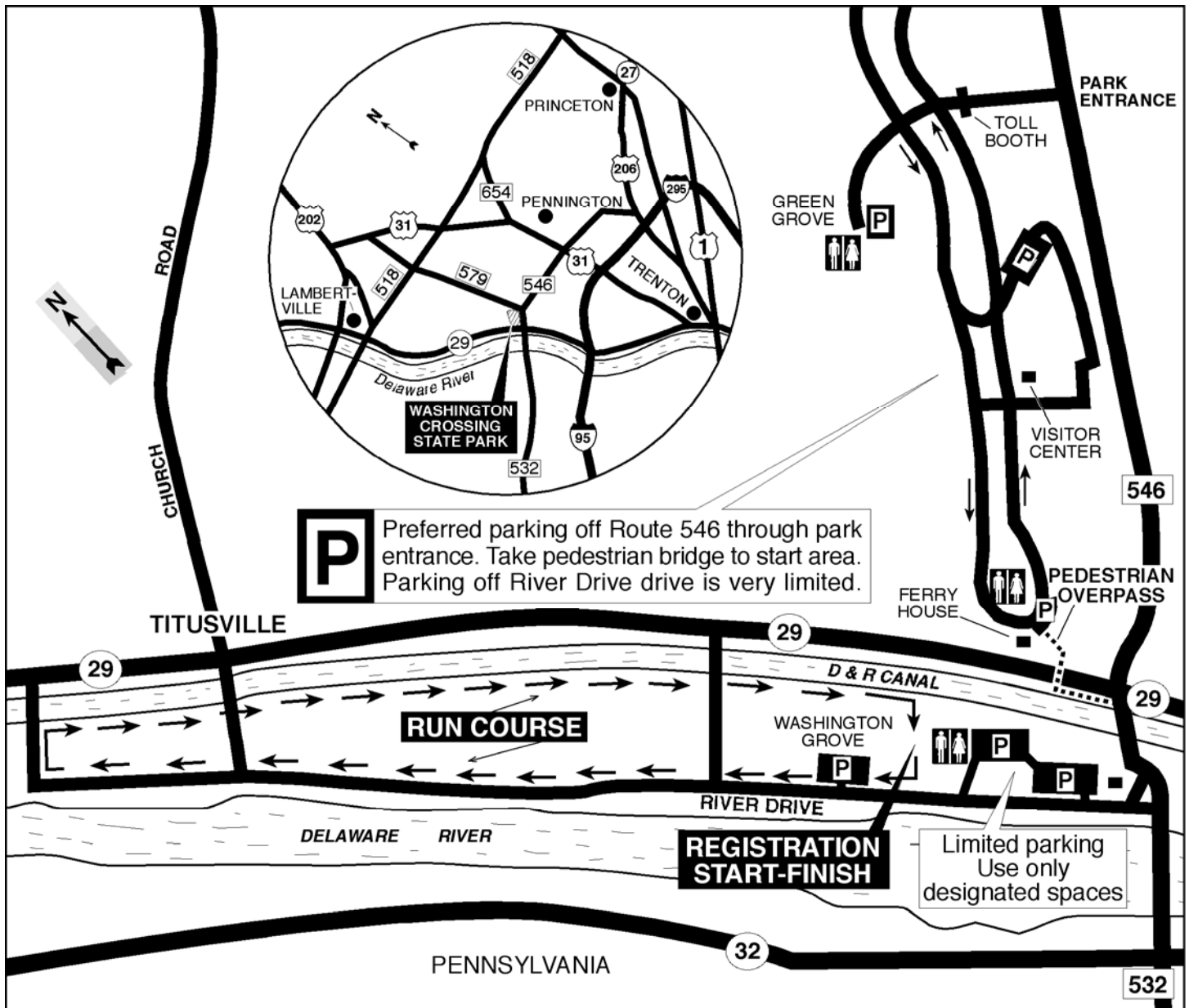
Note: runners may register online at www.active.com

Questions: Info and downloadable entry form: www.canalwatch.org or call 609 989-1931

DIRECTIONS & PARKING: Rte 546 to Washington Crossing State Park main entrance; follow signs to parking lot and pedestrian bridge over Route 29 (see map). Parking in lower section of the Park is restricted to designated spaces and will be strictly enforced. You are advised to avoid any hassle and head directly to the Park's main entrance.
No parking on grass or streets.

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REGISTRATION AND START: In lower section of Washington Crossing State Park, Titusville, NJ, between Rte 29 and the river at Route 546 (to Delaware River Bridge); park as above and use pedestrian bridge over Route 29.



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